



Workshop #1 – The Secret of Your Soul
A Visualization to Help You Connect to Your Real Self

Workshop #2 – Retirement Coaching: What is the plan?

"Your vision will become clear only when you look into your heart. Who looks out side, dreams. Who looks inside, awakens." - Carl Jung

Workshop #1

This 2 day coaching workshop is perfect for those at a crossroad in their life (personal or professional), or those interested in digging a little deeper into "what am I here for?" A week-end all about you!

For those interested in exploring coaching, the workshop offers an opportunity to connect to your soul in a group situation rather than on a one-to-one basis. This week-end is one of reflection, exploring in a safe coaching environment.

Workshop #2

This two day workshop is perfect for those planning their retirement. Reassessing you true self and working out a plan.

Dates: September 11th and 12th 2010 or October 23th and 24th 2010 (Groups of 6 to 12)

Location: To Be Confirmed

Cost: \$250 per person

Register Now!

Please reserve by email at lbrault@lbcoachingvision.com and indicate the week-end you

are interested in. Provide your name, address and telephone number as well as your email address before August 12th, 2010 for the first weekend and September 24th, 2010 for the second weekend. Should you wish to contact me for further details on the workshop, call 613-748-3580. If you leave a message, speak slowly and clearly.

Confirmation of registration will be provided upon receipt of a cheque payable to Lysanne Brault in the amount of \$60.00 to keep your place. The remainder of the payment is due at the latest 5 days prior to the workshop. Cheque is not reimbursable if client cancels once cheque is received, but can be applied towards a future workshop or one-on one coaching. (Mail cheque to: 402-369 North River Road, Ottawa, ON, K1L 8C2).

Looking forward to coaching with you and illuminating your vitality, moving forward towards your true self.

Lysanne Brault,

Leadership and Life Transition Coach

(Atelier peut être disponible en français dépendant des personnes qui s'enregistrent)